

# Mango Sago Dessert

Yield: 5 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-sago-dessert-recipe>

## Ingredients:

- 6 cups water
- 1/2 cup sago small, tapioca pearls
- 1 3/4 cups coconut milk
- 1/2 cup milk
- 1/4 cup sugar
- 2 mangoes ripe, peeled and sliced into small cubes

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 5 milligrams
4. Fat: 21 grams
5. Fiber: 3 grams
6. Protein: 4 grams
7. SaturatedFat: 18 grams
8. Sodium: 45 milligrams
9. Sugar: 26 grams

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