

Spring Rolls

Yield: 20 min
Total Time: 110 min

Recipe from: <https://www.recipeschoose.com/recipes/yam-bean-recipe-japanese>

Ingredients:

- 2 ounces soy vermicelli
- 4 eggs beaten
- 1 onion finely chopped
- 2 ounces mushrooms drained and chopped
- 3 ounces shrimp small, drained and chopped
- 1 pound lean ground pork
- 2 tablespoons vegetable oil
- 1 carrot shredded
- 2 ounces crabmeat
- 3 ounces bean sprouts
- 2 pinches ground black pepper
- 1 tablespoon soy sauce
- 3 tablespoons fish sauce
- 1 clove garlic chopped
- 20 rice wrappers, 6.5 inch diameter
- 1 quart oil for deep frying

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 65 milligrams
4. Fat: 48 grams
5. Protein: 8 grams
6. SaturatedFat: 4 grams
7. Sodium: 300 milligrams
8. Sugar: 1 grams

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