

Cold Rice Noodle Salad

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-rice-noodle-salad-recipe>

Ingredients:

- 14 ounces rice noodles
- 8 ounces firm tofu diced
- 2 teaspoons extra virgin olive oil
- 1 teaspoon toasted sesame oil
- 1/3 cup natural peanut butter preferably smooth
- 1/4 cup rice vinegar
- 1/4 cup light soy sauce or liquid aminos
- 2 tablespoons toasted sesame oil
- 1 tablespoon brown sugar
- 1/2 teaspoon chili flakes or to taste
- 1 red bell pepper medium, sliced into thin strips
- 1 kohlrabi small, peeled and sliced into matchsticks
- 1/2 English cucumber large long, sliced into sticks
- 1 can baby corn drained and sliced lengthwise
- 1 mango large, peeled and diced
- 1 bunch cilantro roughly chopped
- 1/2 cup roasted cashews

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 59 grams
3. Fat: 34 grams
4. Fiber: 10 grams
5. Protein: 22 grams
6. SaturatedFat: 5 grams
7. Sodium: 1180 milligrams
8. Sugar: 17 grams

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