

# Chinese Spare Ribs (slow Cooker)

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-pork-ribs-crock-pot-recipe>

## Ingredients:

- 1 1/4 pounds pork ribs St Louis style, approx, 545g - 1/2 a rack, can also use other cuts, these are just probably best suited
- 2 tablespoons hoisin sauce
- 2 tablespoons honey
- 1 tablespoon soy sauce
- 1 tablespoon rice wine
- 1 teaspoon Chinese five-spice powder
- 1/2 teaspoon ginger grated/minced
- 1/2 teaspoon garlic grated/minced

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 110 milligrams
4. Fat: 32 grams
5. Fiber: 1 grams
6. Protein: 21 grams
7. SaturatedFat: 11 grams
8. Sodium: 470 milligrams
9. Sugar: 11 grams

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