

3 Ingredient Slow Cooker Beef Teriyaki with Pineapple

Yield: 7 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-teriyaki-beef-on-a-stick-recipe>

Ingredients:

- 2 pounds stew beef
- 20 ounces teriyaki sauce
- 20 ounces pineapple tidbits, drained

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 23 grams
3. Fiber: 1 grams
4. Protein: 6 grams
5. Sodium: 3110 milligrams
6. Sugar: 19 grams

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