

Chinese Chicken Salad III

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/qq-chinese-express-madison-peanut-butter-chicken-recipe>

Ingredients:

- 3 tablespoons hoisin sauce
- 2 tablespoons peanut butter
- 2 teaspoons brown sugar
- 3/4 teaspoon chile paste
- 1 teaspoon fresh ginger grated
- 3 tablespoons rice wine vinegar
- 1 tablespoon sesame oil
- 1 pound skinless boneless chicken breast halves
- 16 squares wonton wrappers shredded
- 4 cups romaine lettuce torn, washed and dried
- 2 cups shredded carrots
- 1 bunch green onions chopped
- 1/4 cup chopped fresh cilantro

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 17 grams
3. Fat: 8 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 290 milligrams
8. Sugar: 9 grams

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