

# Egg Fried Rice - An Easy Chinese

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/shan-chinese-egg-fried-rice-recipe-in-urdu>

## Ingredients:

- 5 cups cooked rice
- 5 large eggs divided
- 1/4 teaspoon paprika
- 1/4 teaspoon turmeric
- 3 tablespoons oil divided
- 1 medium onion finely chopped
- 1/2 red bell pepper finely chopped
- 1/2 cup frozen peas thawed
- 1 1/2 teaspoons salt
- 1/4 teaspoon sugar
- 1/4 teaspoon black pepper
- 2 scallions chopped

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 265 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 10 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 990 milligrams
9. Sugar: 4 grams

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