

Corn and Egg Flower Soup

Yield: 8 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-egg-flower-soup-recipe-chinese>

Ingredients:

- 42 ounces chicken broth
- 14 3/4 ounces cream-style corn
- 2 teaspoons sesame oil
- 2 tablespoons oyster sauce
- 2 ears corn kernels cut from cob
- 1 teaspoon white pepper
- 3 tablespoons cornstarch
- 1/3 cup water
- 3 eggs beaten
- 3 green onions thinly sliced

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 80 milligrams
4. Fat: 4.5 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 350 milligrams
9. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Corn and Egg Flower Soup above. You can see more 19 simple egg flower soup recipe chinese Prepare to be amazed! to get more great cooking ideas.