

Chinese Boneless Spare Ribs

Yield: 8 min
Total Time: 368 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-restaurant-boneless-ribs-recipe>

Ingredients:

- 3 pounds pork tenderloin or boneless pork chops cut into strips
- 1/2 cup hoisin sauce
- 1/2 cup soy sauce
- 1/2 cup red wine
- 1 tablespoon minced garlic
- 1 tablespoon sugar
- 1/8 teaspoon canela
- 1/8 teaspoon ground coriander
- 1 pinch cloves
- fresh black pepper to taste
- 1/4 cup bbq sauce

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 110 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 37 grams
7. SaturatedFat: 2 grams
8. Sodium: 1330 milligrams
9. Sugar: 8 grams

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