## RecipesCh@\_se

## Chinese Hamburger, Rou Jia Mo ???

Yield: 12 min Total Time: 150 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-recipe-rou-jian-mou

## **Ingredients:**

- 2 pounds pork belly
- 3 cups water
- 1/4 cup Shaoxing wine
- 12 grams rock sugar (or 1 tablespoon granulated sugar)
- 2 tablespoons light soy sauce
- 1 tablespoon dark soy sauce
- 4 scallions cut in half
- 3 slices ginger
- 2 star anise
- 1 cinnamon stick
- 1 cardamom pod black
- 2 pieces galangal or sand ginger
- 1 teaspoon Sichuan peppercorns
- 3 bay leaves
- salt to taste
- 1 cup chopped cilantro
- 3 1/2 cups all purpose flour by weight, each cup is equivalent to 150 grams
- 2 teaspoons active dry yeast about 8 grams
- 3/4 teaspoon salt
- 1 1/4 cups warm water depending on humidity

## Nutrition:

- 1. Calories: 550 calories
- 2. Carbohydrate: 31 grams
- 3. Cholesterol: 55 milligrams
- 4. Fat: 41 grams
- 5. Fiber: 2 grams

- 6. Protein: 11 grams
- 7. SaturatedFat: 14 grams
- 8. Sodium: 470 milligrams
- 9. Sugar: 1 grams

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