

Instant Pot Chinese Barbecue Beef

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-recipe-for-shin-beef-in-instant-pot>

Ingredients:

- 3 ounces rice vinegar
- 6 tablespoons hoisin sauce
- 4 garlic cloves minced
- 2 tablespoons soy sauce
- 1 teaspoon salt
- 1/2 teaspoon black pepper
- 2 pounds beef thinly sliced
- 1/2 cup soy sauce
- 1/2 cup dark brown sugar packed
- 3 tablespoons cornstarch
- 3 tablespoons cold water
- 3 green onions sliced

Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 155 milligrams
4. Fat: 35 grams
5. Fiber: 2 grams
6. Protein: 47 grams
7. SaturatedFat: 14 grams
8. Sodium: 3390 milligrams
9. Sugar: 34 grams
10. TransFat: 2.5 grams

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