

Stir-Fried Brussels Sprouts with Chinese Sausage

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-raisin-bun-recipe>

Ingredients:

- 4 ounces chinese sausage
- 1 1/2 pounds fresh brussels sprouts shredded with a large knife or on the thin slice disc with a food processor
- 2 1/2 tablespoons water
- 1 teaspoon soy sauce or fish sauce
- 2 teaspoons rice vinegar
- raisins for garnish, optional

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 15 milligrams
4. Fat: 12 grams
5. Fiber: 7 grams
6. Protein: 12 grams
7. Sodium: 610 milligrams
8. Sugar: 8 grams

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