

Chinese Beef Noodle Soup (?????)

Yield: 4 min
Total Time: 185 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-radish-beef-stew-recipe>

Ingredients:

- 4 tablespoons vegetable oil
- 2 pounds beef chuck roast or short ribs
- 2 green onions
- 10 cloves garlic smashed
- 2 pieces ginger minced
- 1 teaspoon Sichuan peppercorn
- 3 tablespoons doubanjiang spicy fermented bean paste
- 3 tablespoons tomato paste
- 1/2 cup sake Japanese
- 2 tablespoons soy sauce
- 2 teaspoons brown sugar or white sugar
- 1/2 teaspoon curry powder
- 1/2 teaspoon cumin powder
- 2 potatoes optional
- 1 daikon radish optional
- 3 carrots optional
- 4 noodles servings
- 4 beef stock servings Asian, or store bought beef stock
- salad leaves optional
- bok choy optional

Nutrition:

1. Calories: 970 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 150 milligrams
4. Fat: 55 grams
5. Fiber: 5 grams

6. Protein: 66 grams
 7. SaturatedFat: 17 grams
 8. Sodium: 2530 milligrams
 9. Sugar: 16 grams
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