

# Quick & Easy Mango Chicken with Chinese Noodles

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-style-mango-cake-recipe>

## Ingredients:

- 4 boneless skinless chicken breasts sliced thin
- 2 cloves minced garlic
- 3 tablespoons peanut oil or canola oil
- 1 cup red pepper diced
- salt
- pepper
- 1/3 cup orange juice
- 1/3 cup lime juice
- 1/2 cup hoisin sauce
- 4 tablespoons rice wine or Chinese cooking wine
- 3 tablespoons rice wine vinegar or apple cider vinegar in a pinch
- 3 tablespoons brown sugar
- 1 teaspoon chili paste optional or to taste
- 2 teaspoons soya sauce
- 2 teaspoons toasted sesame oil
- 2 tablespoons ginger root fresh grated
- 1 teaspoon Chinese five-spice powder
- 1 ounce water
- 1 teaspoon corn starch
- 1 mango large ripe, cubed
- 1 lime finely minced

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 85 milligrams
4. Fat: 13 grams

5. Fiber: 3 grams
  6. Protein: 30 grams
  7. SaturatedFat: 3 grams
  8. Sodium: 730 milligrams
  9. Sugar: 18 grams
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