

ITALIAN HOMEMADE SUNDAY SAUCE

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-pork-rib-sauce-recipe>

Ingredients:

- 1 pork ribs rack
- salt
- pepper
- 2 tablespoons extra virgin olive oil
- 5 cloves garlic
- 1 onion peeled and whole
- 3 celery stalks
- 2 carrots
- 84 ounces San Marzano tomatoes Imported
- 1 1/2 cans water use the San Marzano Tomatoes cans
- 1 teaspoon crushed red pepper or more or less to taste; this is optional
- 1/4 cup celery leaves chopped
- 1/4 cup fresh parsley, chopped

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 33 grams
3. Fat: 7 grams
4. Fiber: 9 grams
5. Protein: 7 grams
6. SaturatedFat: 1 grams
7. Sodium: 270 milligrams
8. Sugar: 21 grams

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