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Shredded Pork and Chinese Celery Lo Mein

Yield: 5 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-spicy-shredded-pork-recipe

Ingredients:

- 2 tablespoons canola oil
- 1 1/2 cups yellow onion julienned
- 3 tablespoons garlic fresh, minced
- 1 cup green onion sliced thinly
- 3 cups Chinese celery stem and leaves, finely chopped
- 2 cups pork cooked shredded fatty
- 2 tablespoons chinese rice wine or sherry
- 1/3 cup soy sauce less salt variety
- 2/3 cup chicken stock
- 16 ounces egg noodles Fresh Hong Kong Style thin
- 1/2 teaspoon sesame oil

Nutrition:

Calories: 560 calories
Carbohydrate: 77 grams
Cholesterol: 115 milligrams

4. Fat: 14 grams5. Fiber: 6 grams6. Protein: 28 grams

7. SaturatedFat: 2.5 grams8. Sodium: 1110 milligrams

9. Sugar: 6 grams

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