## RecipesCh@ se

## Chinese Braised Pork Hock

Yield: 4 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-pork-hock-slow-cooker-recipe

## **Ingredients:**

- 2 pork hocks meaty, or pork shank, which is longer and meatier
- 1/2 cup sake or Chinese cooking wine, I used half of each
- 1 ginger coin
- 1/4 cup light soy sauce
- dark soy sauce A drizzle of, for color
- 2 tablespoons rock sugar substitute brown sugar if you don't have rock sugar
- 1 star anise
- 1/4 cup water

## **Nutrition:**

Calories: 290 calories
Carbohydrate: 12 grams
Cholesterol: 100 milligrams

4. Fat: 14 grams5. Fiber: 1 grams6. Protein: 24 grams7. SaturatedFat: 4 grams8. Sodium: 2360 milligrams

9. Sugar: 4 grams

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