

Hoisin and Honey Glazed Pork Chops

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-pork-chop-recipe-hoisin>

Ingredients:

- 1 bunch scallions
- 1/4 cup oyster sauce Asian
- 2 tablespoons Dijon mustard
- 2 tablespoons hoisin sauce
- 1 teaspoon peeled fresh ginger finely grated
- 2 tablespoons honey
- 1 tablespoon soy sauce
- 4 pork chops 1-inch-thick, 2 lb total

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 75 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 35 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 1210 milligrams
9. Sugar: 12 grams

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