

Turkey Kielbasa and Cheese Pierogi Sheet Pan Dinner

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-pierogi-recipe>

Ingredients:

- 13 ounces turkey kielbasa cut into 2-inch pieces on the diagonal, It just makes it look nicer
- 16 ounces pierogies frozen cheese
- 1 large onion any color, quartered and pieces separated
- 2 large bell peppers any color, cut into 2-inch pieces
- 1/2 teaspoon garlic powder each, & onion powder
- 2 teaspoons chili powder
- spice blend or use any, you prefer in place of the chili powder
- salt
- pepper
- olive oil spray or olive oil just to lightly coat everything
- cheese optional
- Greek yogurt optional
- dip optional
- pierogies optional

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 85 milligrams
4. Fat: 23 grams
5. Fiber: 5 grams
6. Protein: 22 grams
7. SaturatedFat: 8 grams
8. Sodium: 2180 milligrams
9. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Turkey Kielbasa and Cheese Pierogi Sheet Pan Dinner above. You can see more 17 chinese pierogi recipe Delight in these amazing recipes! to get more great cooking ideas.