

Pickled Red Onions

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/pickled-polish-recipe>

Ingredients:

- 1 cup water
- 3/4 cup apple cider vinegar
- 1 tablespoon granulated sugar
- 1 teaspoon salt
- 1 red onion small, roughly 4-5 ounces, cut into slices

Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 6 grams
3. Fiber: 1 grams
4. Sodium: 600 milligrams
5. Sugar: 4 grams

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