

Easy Chinese Pepper Steak

Yield: 5 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-steak-recipe>

Ingredients:

- 1 pound sirloin steak cut into ¼ inch thick strips
- 1/4 cup soy sauce divided
- 1 tablespoon rice vinegar
- 2 tablespoons cornstarch
- 1/2 cup beef broth
- 1 tablespoon sesame oil
- 1 tablespoon sugar
- 1 tablespoon black pepper
- 2 green bell peppers cut into 1-inch squares
- 1 red bell pepper cut into 1-inch squares
- 1 onion sliced
- 4 cloves crushed garlic
- 2 teaspoons minced ginger
- 4 tablespoons vegetable oil divided
- 1/4 cup sliced green onions optional

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 40 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 22 grams
7. SaturatedFat: 3 grams
8. Sodium: 850 milligrams
9. Sugar: 6 grams

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