RecipesCh@~se

Dan Dan Mian

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-peanut-satay-chicken-recipe

Ingredients:

- 1/2 pound ground pork beef, chicken or crumbled tofu
- 1 tablespoon chopped garlic approximately 3 cloves garlic
- 1 teaspoon ginger chopped
- 1 tablespoon soy sauce
- 1 tablespoon Shaoxing wine dry sherry or rice wine
- 1 pinch black pepper
- 1 tablespoon cooking oil
- 2 ounces mustard Chinese preserved, green, chopped, You can omit this or substitute with any pickled mustard green or kimchi after w...
- 1 teaspoon chopped garlic approximately 2 cloves garlic
- 2 tablespoons tahini preferred made with toasted sesame seeds or peanut butter https://amzn.to/332nJVk
- 1 1/2 tablespoons soy sauce
- 1 teaspoon dark soy sauce
- 3 tablespoons chili oil with chili flakes
- 3 teaspoons Sichuan peppercorns toasted and grinned
- 1/2 tablespoon sugar
- 2 egg noodles portions fresh, or spaghetti
- 1 handful yu choy bok choy, napa cabbage or any green leafy vegetables
- 3 tablespoons sauce approximately half of the sauce
- 1/4 cup chicken or veggie broth
- green onion chopped
- peanuts crushed, or sesame seeds for garnish, optional

Nutrition:

- 1. Calories: 1070 calories
- 2. Carbohydrate: 131 grams
- 3. Cholesterol: 195 milligrams
- 4. Fat: 41 grams

- 5. Fiber: 8 grams
- 6. Protein: 41 grams
- 7. SaturatedFat: 8 grams
- 8. Sodium: 930 milligrams
- 9. Sugar: 7 grams

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