

Paper Lined Sponge Cakes

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-paper-lined-sponge-cake-recipe>

Ingredients:

- 9/16 cup cake flour
- 2 3/4 tablespoons cornflour
- 1/2 teaspoon baking powder
- 5 egg yolks
- 4 tablespoons caster sugar
- 1/4 teaspoon salt
- 1 teaspoon vanilla
- 4 tablespoons vegetable oil warmed
- 4 tablespoons milk warm
- 5 egg whites
- 6 2/3 tablespoons caster sugar

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 265 milligrams
4. Fat: 20 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 310 milligrams
9. Sugar: 21 grams

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