

Vegan Pad Thai Noodle Salad

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-pad-thai-noodles-recipe>

Ingredients:

- 8 ounces pad thai noodles Explore Cuisine Red Rice
- 1/2 cup orange juice
- 2 tablespoons peanut butter
- 4 teaspoons tamari sauce
- 2 teaspoons fresh ginger grated
- 14 ounces extra firm tofu crumbled
- 2 large carrots spiralized
- 2 zucchini large, spiralized
- 6 scallions sliced
- 3/4 cup soybean sprouts
- 1/2 cup chopped cilantro optional
- 1/4 cup lime juice
- 1/4 cup coconut sugar
- 1/4 cup tamari sauce
- 1/4 teaspoon red pepper flakes marinated

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 20 grams
3. Fat: 11 grams
4. Fiber: 4 grams
5. Protein: 17 grams
6. SaturatedFat: 2 grams
7. Sodium: 980 milligrams
8. Sugar: 12 grams

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