

15-Minute Garlic Noodles

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-noodles-side-dish-recipe>

Ingredients:

- 6 ounces chow mein noodles *Footnote 1
- 4 tablespoons peanut oil
- 4 green onions chopped, white and green parts separated
- 4 cloves garlic minced
- 2 teaspoons ginger minced
- 1 bell pepper thinly sliced, Optional
- 1/4 cup chicken broth
- 2 tablespoons Shaoxing wine or dry sherry
- 2 tablespoons oyster sauce
- 1 tablespoon soy sauce
- 1/2 teaspoon sesame oil

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 30 grams
3. Fat: 27 grams
4. Fiber: 3 grams
5. Protein: 5 grams
6. SaturatedFat: 4 grams
7. Sodium: 670 milligrams
8. Sugar: 1 grams

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