

Zha Ziang Mian (Chinese Spaghetti)

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-noodles-recipe-with-bean-sprouts>

Ingredients:

- 3 tablespoons bean sauce
- 5 tablespoons hoisin sauce
- 1 tablespoon chili garlic sauce optional
- 3 tablespoons soy sauce
- 2 tablespoons canola oil
- 2 tablespoons garlic minced
- 2 pounds ground pork
- 3 tablespoons Shaoxing wine
- 2 tablespoons ginger minced
- 3 tablespoons green onions minced
- 1 pound chinese noodles
- 1/2 English cucumber julienned
- 2 carrots julienned
- 1 cup bean sprouts

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 59 grams
3. Cholesterol: 110 milligrams
4. Fat: 60 grams
5. Fiber: 5 grams
6. Protein: 34 grams
7. SaturatedFat: 16 grams
8. Sodium: 1260 milligrams
9. Sugar: 8 grams

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