

Quick & Easy Chinese Noodle Soup

Yield: 2 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-chinese-noodle-soup-recipe>

Ingredients:

- 4 cups chicken stock
- 2 spring onions – 3 Green/, – finely sliced into rounds
- 1 tablespoon oyster sauce
- 1 tablespoon light soy sauce
- 1 tablespoon dark soy sauce
- 4 ounces chinese noodles Dried, your choice
- 4 leaves bok choy /Pak choi sliced

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 15 milligrams
4. Fat: 22 grams
5. Fiber: 3 grams
6. Protein: 21 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 2100 milligrams
9. Sugar: 11 grams

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