

Chinese Chive Boxes (????)

Yield: 12 min
Total Time: 115 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-noodle-breakfast-recipe>

Ingredients:

- 3/4 cup water
- 2 cups all purpose flour Bob's Red Mill Organic Unbleached White, plus more for dusting
- 1 teaspoon safflower oil
- 2 cups chinese chives chopped, 1/4-inch pieces
- 5 teaspoons safflower oil divided
- 3 large eggs lightly beaten
- 1 tablespoon minced ginger
- 1/3 cup shiitake mushrooms chopped
- 1/2 cup mung bean vermicelli chopped hydrated
- 2/3 grated carrots
- 1 1/4 teaspoons kosher salt
- 1 teaspoon sugar
- 1 teaspoon ground coriander
- 1/4 teaspoon ground white pepper
- 2 teaspoons sesame oil
- 3 tablespoons safflower oil
- 1/2 cup water

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 55 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 1 grams
8. Sodium: 270 milligrams
9. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Chinese Chive Boxes (???) above. You can see more 20 chinese noodle breakfast recipe Elevate your taste buds! to get more great cooking ideas.