

Naga-imo Pancakes

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-mountain-yam-recipe>

Ingredients:

- 3 slices bacon diced
- 1 1/2 cups yam finely grated naga-imo or other mountain
- 1 egg
- 1/2 teaspoon salt
- 2 green onions thinly sliced
- 2 tablespoons herbs finely chopped, your choice

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 65 milligrams
4. Fat: 11 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 490 milligrams
9. Sugar: 1 grams

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