

# Chinese Eggplant with Minced Pork

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/eggplant-and-mince-chinese-recipe>

## Ingredients:

- 1 pound Chinese eggplant \*see notes
- 3/4 pound minced pork
- 2 tablespoons minced garlic
- 1 tablespoon finely chopped ginger root
- 1 tablespoon Sichuan peppercorn fresh
- 1/4 cup broth
- 2 tablespoons soy sauce
- 1/4 cup Shaoxing wine \*see notes
- 2 tablespoons chinese black vinegar known as Chinkiang or Zhenjiang vinegar,, \*see notes
- 2 tablespoons chili garlic sauce or use about 1 tablespoon fresh chopped red chilies or more
- 4 teaspoons white sugar
- 1/2 tablespoon oyster sauce

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 55 milligrams
4. Fat: 6 grams
5. Fiber: 5 grams
6. Protein: 21 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 720 milligrams
9. Sugar: 8 grams

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