

How to Cook Millet

Yield: 3 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-millet-dumplings-recipe>

Ingredients:

- 1 cup millet
- 2 cups water or broth, if you'd prefer
- 1 tablespoon unsalted butter optional

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 10 milligrams
4. Fat: 6 grams
5. Fiber: 6 grams
6. Protein: 7 grams
7. SaturatedFat: 3 grams
8. Sodium: 10 milligrams

Thank you for visiting our website. Hope you enjoy How to Cook Millet above. You can see more 20 japanese millet dumplings recipe Elevate your taste buds! to get more great cooking ideas.