

Cha Siu Kebab ??? (Chinese BBQ)

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-maranited-meat-recipe>

Ingredients:

- 3 tablespoons hoisin sauce
- 3 tablespoons oyster sauce
- 3 tablespoons Shaoxing wine
- 3 tablespoons honey 4 tablespoons for a sweeter taste
- 2 tablespoons light soy sauce 3 tablespoons light soy sauce for a saltier taste
- 1 tablespoon dark soy sauce
- 1 teaspoon sesame oil
- 1 teaspoon white pepper
- 1/4 teaspoon five spice powder
- 1/8 teaspoon chili flakes
- 3 tablespoons vegetable oil
- 1/2 ginger thumb, minced
- 8 cloves garlic minced
- 1/4 pound meat options: pork shoulder, pork neck, chicken thigh, chicken breast, wings, *see footnote 1

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 20 milligrams
4. Fat: 19 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 4 grams
8. Sodium: 1260 milligrams
9. Sugar: 17 grams

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