

Mango Sago Pudding

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-mango-sago-pudding-recipe>

Ingredients:

- 1/2 cup sago pearl
- 1 cup coconut milk
- 2 mango plus extra for garnish
- 3 tablespoons sugar or as per taste

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 49 grams
3. Fat: 14 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 13 grams
7. Sodium: 10 milligrams
8. Sugar: 27 grams

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