

Lion's Head Meatballs

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-lions-heads>

Ingredients:

- 1 pound ground beef
- 1 carrot medium, minced
- 2 scallions chopped
- 1/4 cup almond flour /meal
- 1 cup coconut milk canned
- 1 tablespoon coconut aminos
- 2 tablespoons curry powder
- 1 tablespoon sesame oil
- 1 tablespoon ground ginger
- 1/2 teaspoon ground red pepper
- salt
- pepper
- 2 tablespoons coconut oil

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 90 milligrams
4. Fat: 52 grams
5. Fiber: 5 grams
6. Protein: 29 grams
7. SaturatedFat: 30 grams
8. Sodium: 330 milligrams
9. Sugar: 4 grams
10. TransFat: 1.5 grams

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