

# Potato Leek Soup

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-leek-soup-recipe>

## Ingredients:

- 3 tablespoons butter
- 3 leeks thinly sliced\*
- 1 onion medium or large, chopped
- 6 russet potatoes thinly sliced\*\*
- 3 1/2 cups chicken broth or enough to barely cover potatoes
- 1 cup heavy cream
- salt to taste
- ground black pepper fresh, to taste

## Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 74 grams
3. Cholesterol: 120 milligrams
4. Fat: 37 grams
5. Fiber: 5 grams
6. Protein: 14 grams
7. SaturatedFat: 22 grams
8. Sodium: 380 milligrams
9. Sugar: 7 grams

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