

Chinese Char Siu Grilled Lamb Chops

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-style-lamb-ribs-recipe>

Ingredients:

- 3 tablespoons hoisin sauce
- 3 tablespoons soy sauce
- 2 tablespoons Shaoxing wine Chinese rice wine or dry Sherry
- 1 tablespoon sugar
- 1 teaspoon Chinese five spice powder
- 1/2 teaspoon salt
- 18 rib lamb chops about 3 pounds, well trimmed
- 2 tablespoons honey
- 1 tablespoon water

Nutrition:

1. Calories: 1230 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 275 milligrams
4. Fat: 105 grams
5. Fiber: 1 grams
6. Protein: 52 grams
7. SaturatedFat: 54 grams
8. Sodium: 910 milligrams
9. Sugar: 10 grams

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