

Yakhni Shorba – Clear Lamb Bone Soup

Yield: 12 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-lamb-bone-soup-recipe>

Ingredients:

- 1/4 kilogram lamb bones or cutups with bones
- 1 medium onion chopped
- 5 cloves garlic
- 1/2 inch ginger thumb
- 1 medium carrot peeled
- 2 green chilli peppers whole
- 8 black peppercorn
- 1 stick cinnamon
- 2 cardamoms black
- 4 green cardamoms
- 1 teaspoon cumin
- 1/2 teaspoon ground turmeric
- salt to taste
- 2 tablespoons vegetable oil

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 4 grams
3. Fat: 2.5 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. Sodium: 70 milligrams
7. Sugar: 1 grams

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