

Chinese Hash

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-hash>

Ingredients:

- oil a bit of
- 2 cups chopped cooked meat chicken, pork, beef
- 4 cups vegetables chopped raw, cabbage, carrots, swede, peppers, onions, cauliflower
- broccoli
- courgettes
- bean sprouts
- vegetable
- 1 cooked rice family pack of, one that gives 4 servings
- 1 handful frozen peas or frozen peas and corn
- 2 tablespoons dark soy sauce
- 1 clove garlic, peeled and minced
- 1 teaspoon five spice chinese
- hoisin sauce a good dollop of, according to your taste
- salt
- freshly ground black pepper