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Berry-Infused Iced Green Tea

Yield: 4 min Total Time: 15 min

Recipe from: https://www.recipeschoose.com/recipes/green-tea-recipe-indian

Ingredients:

- 4 cups water
- 1/2 cup raspberries
- 1/2 cup strawberries roughly chopped
- 4 bags green tea good-quality berry-flavored
- 2 teaspoons honey or agave nectar
- lemon slices to garnish, optional

Nutrition:

Calories: 35 calories
Carbohydrate: 10 grams

3. Fiber: 3 grams4. Protein: 1 grams

5. Sodium: 15 milligrams

6. Sugar: 5 grams

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