

Shrimp and Green Peas Stir Fry

Yield: 4 min
Total Time: 22 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-green-peas-recipe>

Ingredients:

- 1 pound medium shrimp shelled
- 1 egg white
- 1 teaspoon corn starch
- 2 1/2 tablespoons peanut oil
- 1/2 pound green peas
- 1 slice ginger root
- 1 tablespoon rice wine Chinese cooking, such as Shaohsing Rice Cooking Wine
- 1 teaspoon salt
- 1/2 teaspoon sugar
- 1/4 teaspoon ground black pepper

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 170 milligrams
4. Fat: 11 grams
5. Fiber: 3 grams
6. Protein: 26 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 770 milligrams
9. Sugar: 4 grams

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