

Mom's Best Chinese Gravy Noodles (Da Lu Mein, ???)

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-gravy>

Ingredients:

- 2 handfuls lily flowers dried, 150 grams / 1 cup after rehydrated
- 1 handful dried shiitake mushrooms 150 grams/ 1 cup after rehydrated
- 5 1/4 ounces shrimp peeled and deveined
- 3 1/2 ounces pork tenderloin sliced to stripes
- 4 teaspoons Shaoxing wine
- 1/2 teaspoon salt
- 1/3 tablespoon cornstarch
- 1 tablespoon vegetable oil
- 1 tomato chopped
- 2 tablespoons scallion chopped
- 1/2 teaspoon minced ginger
- 1 tablespoon light soy sauce
- 1 teaspoon salt or to taste
- 4 noodles servings

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 75 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 14 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 1180 milligrams
9. Sugar: 1 grams

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