

Chinese Ginger Chicken Salad

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-ginger-chicken-salad-recipe>

Ingredients:

- 1 pound ground chicken breast or thighs, go with thighs!
- 2 shallots sliced in rounds
- 2 garlic cloves minced
- 2 teaspoons ginger grated
- 1 chili peppers hot, sliced into thin rounds
- 1 teaspoon sugar
- 1 tablespoon fish sauce or more to taste
- 1/2 lime juiced, about 1 TB
- 3 tablespoons basic vinaigrette
- 2 tablespoons fresh lime juice
- 1/2 pound rice noodles thin, cooked
- 4 cups dandelion greens or other spicy green like arugula, julienne
- 2 tablespoons fresh mint cut into ribbons
- 1/4 cup fresh cilantro . chopped
- 1/4 cup salted peanuts roasted and chopped

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 100 milligrams
4. Fat: 15 grams
5. Fiber: 4 grams
6. Protein: 27 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 550 milligrams
9. Sugar: 4 grams

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