

“chinese Fruit Cake”

Yield: 24 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-fruit-cake-recipe>

Ingredients:

- 1 1/2 cups cake flour sifted, note: measure before you sift!
- 1 cup granulated sugar
- 6 large eggs room temperature, separated into yolks and whites
- 1/2 teaspoon cream of tartar optional
- 1/2 teaspoon baking powder
- 1/4 cup vegetable oil
- 1/2 cup water
- 1 teaspoon vanilla extract
- 1 tablespoon sugar + 2 tablespoons water
- 2 cups heavy cream chilled
- 1 teaspoon vanilla extract
- 3 tablespoons confectioner's sugar
- 2 packets whip it Dr. Oetker's

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 85 milligrams
4. Fat: 12 grams
5. Protein: 3 grams
6. SaturatedFat: 6 grams
7. Sodium: 40 milligrams
8. Sugar: 10 grams

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