

Fruit Cake Bread Pudding

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-fruit-cake-cream-recipe>

Ingredients:

- 5 cups fruit cake dark, cut into cubes, see note below
- 1/2 cup milk
- 1/4 cup heavy cream
- 2 eggs I used large
- 1/2 teaspoon pure vanilla extract
- 1 teaspoon orange zest from one orange, roughly
- 2 ounces white chocolate roughly chopped
- 1/3 cup walnuts roughly chopped
- 3 tablespoons pomegranate arils
- baking spray to grease skillet

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 245 milligrams
4. Fat: 31 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 14 grams
8. Sodium: 270 milligrams
9. Sugar: 12 grams

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