

Crispy Squid Tentacles

Yield: 4 min
Total Time: 12 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-fried-squid-tentacles-recipe>

Ingredients:

- 500 grams squid tentacles
- 2 medium eggs beaten
- freshly ground black pepper
- 2 tablespoons fish sauce
- 1 1/2 cups flour
- 1 cup cornstarch
- sweet chilli sauce
- oil

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 66 grams
3. Cholesterol: 105 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 1 grams
8. Sodium: 770 milligrams
9. Sugar: 1 grams

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