RecipesCh®-se

Chinese Style Noodle

Yield: 4 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-fried-fish-ball-recipe

Ingredients:

- 4 cups egg noodles
- 5 1/4 ounces chicken meat boneless
- 1/4 cake fish, sliced thinly
- 3 fish balls halved, optional
- 3 1/2 ounces prawns cleaned and leave the tails intact
- 2 cloves garlic minced
- 1 tablespoon oyster sauce
- 1 tablespoon soya sauce light
- 3 tablespoons soya sauce thick
- 1 cup chicken stock or plain water
- salt
- gram sugar
- 1 1/2 teaspoons cornflour mix with 3 tbsp water

Nutrition:

- 1. Calories: 380 calories
- 2. Carbohydrate: 54 grams
- 3. Cholesterol: 100 milligrams
- 4. Fat: 8 grams
- 5. Fiber: 2 grams
- 6. Protein: 21 grams
- 7. SaturatedFat: 2 grams
- 8. Sodium: 1480 milligrams
- 9. Sugar: 7 grams

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