

Fa Gao (Fortune Cake) – Chinese Steamed Cakes

Yield: 6 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-fortune-cake-recipe>

Ingredients:

- 7/8 cup corn flour
- 3/4 cup high gluten flour
- 3 baking powder 0.6, a tiny bit more than half tsp of
- 3 1/4 tablespoons sugar If there is going to be anyone elderly eating this, it is recommended to use the minimum, 20g of white sugar
- 7/8 cup warm water
- 1 teaspoon dry yeast
- 7 dried dates wolfberry, goji berries, and pumpkin seeds
- 8 oil A little, to brush molds

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 39 grams
3. Fat: 19 grams
4. Fiber: 2 grams
5. Protein: 3 grams
6. SaturatedFat: 1.5 grams
7. Sugar: 12 grams

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