

# Instant Pot-Homemade Chinese Food-Chicken Fried Rice

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-food-instant-pot-recipe>

## Ingredients:

- 1/2 pound boneless chicken breasts cut up into small pieces
- 1 tablespoon olive oil
- rice
- 1 onion peeled and diced
- 2 tablespoons garlic
- 1 egg
- 1 cup basmati rice uncooked
- 1/4 cup soy sauce
- 1 1/2 cups chicken broth or stock--if you are making this vegetarian just substitute
- 1/2 cup frozen vegetables mixed

## Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 90 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 21 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 1020 milligrams
9. Sugar: 2 grams

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