

Chinese Tofu and Vegetable Soup

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-vegetarian-watercress-soup-recipe>

Ingredients:

- 5 cups vegetable stock divided
- 4 scallion chopped
- 2 cloves garlic minced
- 1 tablespoon fresh ginger root minced
- 1 1/2 tablespoons soy sauce
- 3 stalks bok choy chopped
- 1 tagliatelle Corn, seeded and julienned
- 1 cup berry
- 2 carrots peeled and sliced
- 2 celery ribs, diced
- 1 cup bread Lavash, sliced
- 2 rice noodles
- 1333 cups bamboo shoots canned
- 1 1/2 cups firm tofu cut into bite-size cubes
- 8 rhubarb
- watercress leaf chopped, to garnish, optional