

Chinese Flatbread with Roasted Egg

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-flatbread-recipe>

Ingredients:

- 2 1/2 cups whole wheat flour
- 5/8 cup water
- 1 teaspoon salt
- 4 3/4 tablespoons vegetable oil
- 6 egg

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 315 milligrams
4. Fat: 25 grams
5. Fiber: 9 grams
6. Protein: 20 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 700 milligrams
9. Sugar: 1 grams

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